

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 1, 2025 thru Sep 5, 2025

ELEM B.I.C. #1

Generated on: 9/2/2025 7:07:45 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/01/2025																
ELEM B.I.C. #1	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/02/2025																
ELEM B.I.C. #1	Total	4950														
POP TARTS,Wh.Gr Strawberry-'24	PKG. of (2 ea)	4950	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4950	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			590	6	566	9.00	3.60	409.1	2090	0.00	73	12.06	122.64	4.65	2.09	0.00
% of Calories											49.3%	8.2%	83.1%	7.1%	3.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 09/03/2025																
ELEM B.I.C. #1	Total	5000														
BAR, DOUBLE CHOC CHIP	1 EACH	5000	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	2500	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 1, 2025 thru Sep 5, 2025

ELEM B.I.C. #1

Generated on: 9/2/2025 7:07:45 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			464	9	416	7.46	2.70	280.0	982	0.00	53 46.0%	13.40 11.5%	84.42 72.7%	9.00 17.4%	3.10 6.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 09/04/2025																
ELEM B.I.C. #1	Total	5000														
Sndwich Chx & Sausage 2020	serv. (1.1 6 oz)	5000	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			351	33	510	3.90	1.19	345.0	1095	61.80	35 39.7%	17.90 20.4%	52.80 60.2%	6.90 17.7%	2.90 7.4%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 09/05/2025																
ELEM B.I.C. #1	Total	5000														
Concha, WG PINK-'24	1 EACH	5000	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	2500	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			403	12	295	3.50	1.80	275.0	1050	15.00	45 44.7%	13.70 13.6%	73.80 73.3%	6.50 14.5%	1.80 4.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			452	15	447	5.97	2.32	327.3	1304	19.20	51 102.5%	14.26 12.6%	83.41 73.8%	6.76 13.5%	2.47 4.9%	0.00 0.0%
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 1, 2025 thru Sep 5, 2025

ELEM B.I.C. #1

Generated on: 9/2/2025 7:07:45 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	452		350 - 500	100%												
Cholesterol (mg)	15															
Sodium 1 (mg)	447		540	83%												
Fiber (g)	5.97															
Iron (mg)	2.32															
Calcium (mg)	327.3															
Vitamin A (IU)	1304															
Sugars (g)	51	45.55%														
Vitamin C (mg)	19.20															
Protein (g)	14.26	12.62%														
Carbohydrate (g)	83.41	73.83%														
Total Fat (g)	6.76	13.47%	<=30.00%													
Saturated Fat (g)	2.47	4.92%	<10.00%													
Trans Fat ¹ (g)	0.00	0.00%														

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 8, 2025 thru Sep 12, 2025

ELEM B.I.C. #1

Generated on: 9/2/2025 7:20:49 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/08/2025																
ELEM B.I.C. #1	Total	5000														
Cinnamon Swirls, WG 2024	Serving	5000	300	10	125	3.00	0.36	499.7	0	0.0	22	6.0	47.97	8.99	2.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			530	17	323	6.00	0.36	729.7	1020	0.00	64 48.3%	14.20 10.7%	94.77 71.5%	9.49 16.1%	2.80 4.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/09/2025																
ELEM B.I.C. #1	Total	5000														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	5000	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	2500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			480	29	426	4.71	1.87	283.2	993	0.92	55 45.6%	13.54 11.3%	82.54 68.7%	10.08 18.9%	3.63 6.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Sep 8, 2025 thru Sep 12, 2025

ELEM B.I.C. #1

Generated on: 9/2/2025 7:20:49 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/10/2025																
ELEM B.I.C. #1	Total	5000														
Pancakes, Confetti Bites 2022	pkg	5000	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	2500	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			404	19	396	6.46	3.60	280.0	1877	0.00	43 42.9%	12.40 12.3%	72.42 71.7%	8.00 17.8%	1.60 3.6%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 09/11/2025																
ELEM B.I.C. #1	Total	5000														
UBR - BRKFST CINN ROUND	1 EACH	5000	280	5	190	6.29	0.68	29.8	8	0.01	19	5.0	44.0	8.0	3.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			472	14	376	8.79	0.77	294.8	893	61.81	51 43.2%	13.40 11.4%	79.60 67.5%	9.00 17.2%	3.60 6.9%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Sep 8, 2025 thru Sep 12, 2025

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Page 3

Generated on: 9/2/2025 7:20:49 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/12/2025																
ELEM B.I.C. #1	Total	5000														
Concha, WG WHITE-'24	each(2G)	5000	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Juice, apple 8oz. DW-2024	CARTONS	2500	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			430	14	291	3.50	1.80	310.0	1000	30.00	52	14.40	80.10	7.00	2.10	0.00
% of Calories											47.9%	13.4%	74.5%	14.7%	4.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			463	19	362	5.89	1.68	379.5	1157	18.55	53	13.59	81.89	8.71	2.74	0.00
											102.8%	11.7%	70.7%	16.9%	5.3%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	463		350 - 500	100%				
Cholesterol (mg)	19							
Sodium 1 (mg)	362		540	67%				
Fiber (g)	5.89							
Iron (mg)	1.68							
Calcium (mg)	379.5							
Vitamin A (IU)	1157							
Sugars (g)	53	45.69%						
Vitamin C (mg)	18.55							
Protein (g)	13.59	11.73%						
Carbohydrate (g)	81.89	70.70%						
Total Fat (g)	8.71	16.93%	<=30.00%					
Saturated Fat (g)	2.74	5.33%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Rialto Unified School District

Sep 15, 2025 thru Sep 19, 2025

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/15/2025																
ELEM B.I.C. #1	Total	5000														
Croissant,Sausage & Cheese '25	1 Each	5000	222	35	406	2.20	1.61	154.3	182	0.0	3	12.14	18.28	11.3	5.43	0.16
Craisins	1/4 Cup	2500	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	2500	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			436	42	606	3.81	1.73	387.0	1096	0.06	43 39.0%	20.39 18.7%	62.17 57.1%	12.13 25.1%	5.76 11.9%	0.16 0.3%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/16/2025																
ELEM B.I.C. #1	Total	5000														
FRENCH TOAST BAR-2018	1 EACH	5000	290	25	200	3.00	1.80	40.0	105	0.0	21	5.0	47.0	9.0	2.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	2500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			480	34	386	4.71	1.87	303.2	988	0.92	54 44.7%	13.54 11.3%	82.54 68.7%	10.08 18.9%	3.13 5.9%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Sep 15, 2025 thru Sep 19, 2025

ELEM B.I.C. #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/17/2025																
ELEM B.I.C. #1	Total	5000														
Donut, Super Bakery '22	1 EACH	5000	250	5	250	0.50	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	2500	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			444	14	436	2.96	5.40	460.0	2877	30.00	47 42.7%	13.40 12.1%	65.42 58.9%	12.00 24.3%	3.60 7.3%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 09/18/2025																
ELEM B.I.C. #1	Total	5000														
Waffles, Fun N Fruti '24	pkg	5000	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			402	44	476	4.50	1.17	273.0	885	61.80	42 41.8%	13.40 13.3%	66.60 66.3%	9.00 20.1%	2.10 4.7%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Sep 15, 2025 thru Sep 19, 2025

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/19/2025																
ELEM B.I.C. #1	Total	4950														
BANA CHOC-CHUNKY MONKEY 2013	1 EACH	5000	280	15	220	3.00	1.80	20.0	115	0.0	23	5.0	48.0	8.0	3.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	5000	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	5000	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			571	24	424	6.06	1.82	292.9	1146	30.30	79	14.54	108.69	9.09	3.64	0.00
% of Calories											55.2%	10.2%	76.2%	14.3%	5.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			467	32	466	4.41	2.40	343.2	1399	24.62	53	15.06	77.08	10.46	3.64	0.03
											102.0%	12.9%	66.1%	20.2%	7.0%	0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	467		350 - 500	100%				
Cholesterol (mg)	32							
Sodium 1 (mg)	466		540	86%				
Fiber (g)	4.41							
Iron (mg)	2.40							
Calcium (mg)	343.2							
Vitamin A (IU)	1399							
Sugars (g)	53	45.33%						
Vitamin C (mg)	24.62							
Protein (g)	15.06	12.91%						
Carbohydrate (g)	77.08	66.08%						
Total Fat (g)	10.46	20.18%	<=30.00%					
Saturated Fat (g)	3.64	7.03%	<10.00%					
Trans Fat ¹ (g)	0.03	0.06%						

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Rialto Unified School District

Sep 22, 2025 thru Sep 26, 2025

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/22/2025																
ELEM B.I.C. #1	Total	5000														
Cinnis, Mini	1 EACH	5000	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
Craisins	1/4 Cup	2500	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	2500	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			453	7	470	3.61	1.56	272.7	989	0.06	55 48.5%	13.25 11.7%	82.89 73.1%	7.83 15.5%	1.83 3.6%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/23/2025																
ELEM B.I.C. #1	Total	5000														
Muffins, DBL ChocBuena Vista	1 ea	5000	350	35	390	3.96	6.30	60.4	*N/A*	*N/A*	31	6.0	59.0	10.99	3.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	2500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			541	44	577	5.67	6.36	323.6	*883	*0.92	64 47.1%	14.54 10.8%	94.55 69.9%	12.07 20.1%	3.63 6.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Sep 22, 2025 thru Sep 26, 2025

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/24/2025																
ELEM B.I.C. #1	Total	5000														
Cluster Brk, Whole Grain '22	1 EACH	5000	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
BANANAS	1 EACH	2500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			480	9	377	5.81	2.83	342.5	962	4.39	49 41.0%	13.95 11.6%	81.13 67.6%	11.17 20.9%	3.16 5.9%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 09/25/2025																
ELEM B.I.C. #1	Total	4950														
CEREAL,MALT-O,Marsh-Mateys'24	BOWL (2 oz.)	5000	210	0	380	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			406	11	560	5.56	18.27	500.0	1803	74.55	55 53.7%	12.73 12.5%	82.22 81.0%	3.53 7.8%	0.91 2.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Sep 22, 2025 thru Sep 26, 2025

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/26/2025																
ELEM B.I.C. #1	Total	5000														
BREAD,BANANA 2023 OG	1 EACH	5000	163	19	84	1.41	0.57	12.9	44	1.99	*14	2.03	24.48	7.14	0.68	*0.00
Craisins	1/4 Cup	2500	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Orange Juice, DW, 4oz.2024	EACH(4 oz	2500	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			357	28	277	2.22	0.63	279.3	901	17.02	*49	10.95	61.63	8.30	1.29	*0.00
% of Calories											*55.2%	12.3%	69.0%	20.9%	3.2%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			448	20	452	4.57	5.93	343.6	*1108	*19.39	*54	13.08	80.48	8.58	2.16	*0.00
											*109.3	11.7%	71.9%	17.3%	4.3%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	448		350 - 500	100%				
Cholesterol (mg)	20							
Sodium 1 (mg)	452		540	84%				
Fiber (g)	4.57							
Iron (mg)	5.93							
Calcium (mg)	343.6							
Vitamin A (IU)	1108							
Sugars (g)	54	48.58%			Missing			
Vitamin C (mg)	19.39				Missing			
Protein (g)	13.08	11.70%			Missing			
Carbohydrate (g)	80.48	71.94%						
Total Fat (g)	8.58	17.26%	<=30.00%					
Saturated Fat (g)	2.16	4.35%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 29, 2025 thru Sep 30, 2025

ELEM B.I.C. #1

Generated on: 9/2/2025 7:22:43 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/29/2025																
ELEM B.I.C. #1	Total	4950														
POP TARTS,Wh.Gr Strawberry-'24	PKG. of (2 ea)	4950	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4950	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			590	6	566	9.00	3.60	409.1	2090	0.00	73 49.3%	12.06 8.2%	122.64 83.1%	4.65 7.1%	2.09 3.2%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/30/2025																
ELEM B.I.C. #1	Total	5000														
Croissant, Ham & Swiss '25	serving	5000	300	22	580	0.00	6.00	155.0	0	0.0	4	13.0	27.0	15.0	9.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	2500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Craisins	1/4 Cup	2500	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			482	29	779	1.01	6.13	389.6	930	0.95	37 30.5%	21.37 17.7%	62.29 51.7%	15.75 29.4%	9.34 17.4%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			536	17	673	5.01	4.86	399.3	1510	0.48	55 91.9%	16.71 12.5%	92.47 69.0%	10.20 17.1%	5.72 9.6%	0.00 0.0%
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Rialto Unified School District

Sep 29, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Page 2

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target*	Cholst (mg) Miss Data	Sodm (mg) Shortfall*	Fiber (g) Overage*	Iron (mg) Error Messages (if any)*	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	536		350 - 500														
Cholesterol (mg)	17																
Sodium 1 (mg)	673		540														
Fiber (g)	5.01																
Iron (mg)	4.86																
Calcium (mg)	399.3																
Vitamin A (IU)	1510																
Sugars (g)	55	40.83%															
Vitamin C (mg)	0.48																
Protein (g)	16.71	12.47%															
Carbohydrate (g)	92.47	69.00%															
Total Fat (g)	10.20	17.12%	<=30.00%														
Saturated Fat (g)	5.72	9.60%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%															

*Data comparisons are not available for one or two day selections

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.